



*Happy New Year!*

## **Boomers Flunk LTC IQ Test – 63% Receive Failing Grades**

Recently, Met Life completed a survey that found the following results: only about one third of boomers have a basic understanding of long term care.

There are two very important points that are not understood: 1) Longevity – if one lives to age 65, there is a pretty good chance that one will live to 84-85. 2) As one ages into the senior years (eighties) there is a strong likelihood that some type of care will be needed.

- 55% of individuals between 40 and 70 incorrectly associate long-term care exclusively with nursing homes.
- Only 18% could correctly identify their home as the most likely place where long-term care services are provided.
- Only 27% of respondents could correctly identify the average cost of care in a nursing home.
- 41% mistakenly believe that they are entitled to basic coverage for long-term care in addition to health insurance from the government at retirement.
- 63% did not correctly estimate the cost of waiting to buy LTCI until an older age.

These misunderstandings and misconceptions lead to incomplete, inaccurate and/or no LTC planning.

## **Alzheimer's Spending – To Triple in 15 Years**

A study for the Alzheimer's Association suggests that Federal spending on Alzheimer's disease could triple to \$189 billion in the next 15 years. Federal Alzheimer's spending accounts for 34% of total costs in the federal program for the elderly. Currently, the Association estimates that 4.5 million Americans are afflicted with the disease. As the baby boomer generation ages, the number is expected to grow by 4 times over the next 40-50 years.

The Alzheimer's Association and the National Institute of Aging estimates that the current national direct and indirect costs of caring for people with the disease have reached \$100 billion.

**- John B. Linvill Jr., CSA**

*"Peace of mind isn't the absence of problems, it's the ability to deal with them."*

*- Naomi Judd*

### **Mission Statement:**

To assist people in making sound, appropriate decisions about their Independence, Security and Dignity.

### **Health Corner**

In the last Oak Tree Newsletter, I mentioned a fish oil treatment approach to cholesterol management. Only one person followed up with a question. I have heard from others that the product has been very successful in helping to control blood pressure. I await your emails or calls for more information on this exciting approach to health management.

Should you wish to visit the company's web site, please go to [www.n3inc.com](http://www.n3inc.com).

### **Planning Tools:**

Visit [www.jlinvill.com](http://www.jlinvill.com) for a complete tool kit for LTC planning: Articles, The Process "Let's Walk Before We Run", key links and my companion site: [www.jlinvillLTC.com](http://www.jlinvillLTC.com).

### **Next Issue:**

Continuous Care Retirement Centers and Life Care Facilities – clarifying the confusion.

For broader education about Long Term Care planning issues, please visit my *Articles & Newsletters Library* at: [www.jlinvill.com](http://www.jlinvill.com).  
For specific information about Long Term Care insurance, related terms, taxation and consumer information, please visit [www.jlinvillLTC.com](http://www.jlinvillLTC.com).